

Not getting the most out of your medications? It's now easier than ever to get a Pillcheck pharmacogenetic test!

We're introducing a new preferred service provider for your health benefits plan called Pillcheck™. It's an easy DNA test and medication review that provides insights about how you will likely respond to prescriptions based on your genetics. Pillcheck helps you and your doctor find the right medication at the right dose, avoiding drugs that may not work for you and minimizing your risk of side effects.

The Pillcheck test takes only minutes to complete at home. Personalized results are good over your lifetime – to use whenever you consider a new prescription. And rest assured, your results are confidential and private – only you decide who to share them with.

Benefits of Pillcheck:

- ✓ Helps you avoid medications unlikely to be effective with your DNA
- ✓ Helps reduce negative side effects
- ✓ Covers most commonly prescribed drugs, including those for mental health, pain, and many other conditions
- ✓ Share your results with your doctor, who can help you get on the right medications and dosages, so you feel better sooner.

Pillcheck is available at no out-of-pocket cost for Sheet Metal Workers Local Union 30 Benefit Plan Members. A test requisition from a health care practitioner is not required. Simply order Pillcheck with the link below.

Sincerely,

Jason Addison

Sean Bush

Fernando Canonico

Shannon Kilgar

Alex Kish

Art White

The Board of Trustees

Sheet Metal Workers Local Union 30 Benefit Trust Fund

Feel better sooner! Here's how to order:

1. Visit www.pillcheck.ca/sheetmetal30 to learn more
2. Click SIGN UP
3. Please enter your Green Shield Number which is on your All-In-One Benefit Card to verify eligibility.



With an easy cheek swab, Pillcheck helps you find the right medications so you can feel better sooner.



Personalized results include a pharmacist's review and action plan to share with your doctor.



Results are held securely online and never shared with your employer or insurer.



Works for new medications you may be prescribed in the future.



"A valuable tool for helping me stay as healthy as possible, both now and in the future."

-Pillcheck customer