

# SHEET METAL WORKERS' LOCAL UNION 30 BENEFIT PLAN

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## SUMMARY OF BENEFITS

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## RETIRED MEMBER OPTION A

UP TO DATE AS OF JANUARY 1, 2026



# GENERAL INFORMATION

This Summary of Benefits has been prepared as an informal document to summarize the main features of the benefits provided to eligible Retired Members of the Sheet Metal Workers Local Union 30 Benefit Plan (the “Plan”).

All benefits described in this Summary of Benefits and the rights thereto are governed by the provisions of the Plan and the applicable contracts of insurance and documents, including eligibility exclusions and limitations. This document is just a summary.

Supplementary Health Care and Dental benefits are not insured. They are self-funded and supported by the assets of the Sheet Metal Workers Local Union 30 Benefit Fund only.

**Life Insurance is insured by Manulife Financial under Policy Number 901884.**

**The Emergency Travel Assistance benefit (ETA) is provided by Green Shield Canada (GSC) under Group Number 7034.**

**The Plan’s Member Assistance Program (MAP) is administered by Family Services Employee Assistance Programs (FSEAP).** FSEAP provides free short term confidential counselling services for crisis support, advice and information by telephone, face-to-face or online.

**Group name: tosmwiamap      Password: myfseap1**

You may find that the Plan does not cover every expense you may wish the Plan to pay for. The Plan is established to provide the broadest range of coverage that is suitable for the membership of the Plan given the available funding. New drugs and treatments will come into the health care environment over time and the Trustees always reserve the right to cover, or not cover, any of these and to add limitations to coverage.

Subject to the limitations and exclusions of the Plan’s official documents, and as described throughout this Summary of Benefits, eligible Plan Members and their eligible dependants qualify for the following benefits:

The Plan covers retired Members, their eligible spouses and unmarried dependant children from live birth to their 22<sup>nd</sup> birthday or up to their 25<sup>th</sup> birthday, if the child is in full-time attendance at an accredited school, college or university. Everyone covered under the Plan must be a Canadian resident and covered under a provincial medicare plan.

# GENERAL PLAN PROVISIONS

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OPTION	SUBSIDIZED CONTRIBUTION PAID BY THE RETIRED MEMBER
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Option A	All Benefits: \$138.00 per Month
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**Note:** Retired Members living in Ontario are required to pay Ontario’s Retail Sales Tax (RST) which is currently 8% on their contributions. Other provinces may have a similar tax that will be charged as applicable. The amount payable to the Plan for benefits is subject to change.

**Union Membership in Good Standing**

Members covered under this Plan must be and remain Members in good standing of Sheet Metal Workers Local Union 30 (the “Union”). The Union is the sole decision maker of the status of membership in good standing.

# SUMMARY OF BENEFITS

Subject to the limitations and exclusions of the Plan's Official Documents, and as described throughout this Summary of Benefits, eligible Plan Members and their eligible dependants qualify for the following benefits:

## LIFE INSURANCE BENEFIT

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<b>Plan Member</b>	<b>\$20,000 Maximum Effective For New Claims on or after May 1, 2024</b>
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For Members approved prior to May 1, 2024, for Life Insurance Waiver of Premium at retirement, the total Life Insurance provided by the Plan will be the greater of the amount approved by the insurer and \$10,000.

## SUPPLEMENTARY HEALTH CARE BENEFIT

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<b>BENEFIT</b>	<b>DESCRIPTION</b>
<b>Deductible</b>	None
<b>Reimbursement</b>	Subject to any limit stated below, 100% of reasonable and customary (R&C) charges for Members and their eligible dependants.
<b>Overall Maximum</b>	\$100,000 lifetime maximum (excluding drugs, dental, vision care and Emergency Travel Assistance)
<b>Prescription Drugs</b>	100% of the lower of the brand name, generic, biologic or biosimilar drug ingredient cost  If you are prescribed and approved for a biologic or brand name drug and there is a lower cost new or existing biosimilar or generic drug, the Plan will pay for the biosimilar or generic drug. If no biosimilar or generic drug is available, the Plan will pay for the biologic or generic drug. Prior authorization may be required.

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The Plan does not cover any drug that qualifies for coverage under the Ontario Drug Benefit (ODB) Program for Seniors. The ODB co-pay (currently \$4.11) will be paid for by the Plan. The Plan will also pay the annual ODB deductible (currently \$100).

A Prescription Drug must have a drug identification number and compliance certificate both issued by Health Canada.

Medical cannabis including any derivative product is NOT covered. This may be covered through your Health Care Spending Account.

<b>Dispensing Fee</b>	Maximum of \$8.50 per prescription
<b>Specific Prescription Drug Maximum</b>	Smoking cessation covered to a lifetime maximum of \$250.
<b>Lenses, Frames and Contact Lenses</b>	<p>Maximum of \$350 in a consecutive 24-month period. Please note that the \$350 includes the cost for any eye examinations.</p> <p>Contact lenses have a lifetime maximum of \$200, if prescribed for severe corneal astigmatism, severe corneal scarring, keratoconus or aphakia and if visual acuity can be improved to at least 20/70 level by contact lenses only.</p>
<b>Eye Examinations</b>	1 eye examination per 24-month period for persons between the ages of 20 – 64. 100% of reasonable and customary (R & C) charges per person. Please note that eye examinations cost is included in the \$350 maximum amount described above.
<b>Paramedical Practitioners</b>	<p>\$225 maximum per paramedical practitioner per calendar year for services of a chiropractor, physiotherapist, registered massage therapist, osteopath, naturopath, speech therapist and podiatrist.</p> <p>\$15 per calendar year for 1 x-ray by a chiropractor and/or an osteopath.</p> <p>The Plan will pay 100% of R&amp;C charges for the following: registered psychologist, registered psychotherapist, psychiatrist and registered social worker (Master of Social Work). The Plan will pay up to a maximum of \$200 per hour subject to a combined \$2,000 maximum benefit per covered person per calendar year.</p>
<b>Hearing Aids</b>	\$400 maximum benefit in any 4 consecutive calendar years for the purchase of hearing aids. Batteries are not covered.

<b>Foot Orthotics</b>	<p>50% of the cost of orthotics or orthopedic shoes that have been specially designed and molded for the covered person, necessary to correct a diagnosed physical impairment up to a maximum of \$500 per calendar year.</p> <p>Foot orthotics must be prescribed by a physician, podiatrist or chiropodist.</p>
<b>Pharmacogenetics Testing Benefit</b>	<p>Available to Plan Members and Dependants at no out of pocket cost and is provided by the service provider Pillcheck under Plan A and Plan B. Each Member and Dependant is eligible for one test kit.</p>
<b>Other Medical Services and Supplies</b>	<p>Ambulance, rehabilitation hospital, accidental dental, durable medical equipment (hospital bed, wheelchair, braces, crutches), prostheses, surgical stockings.</p>

## EXPENSES OUTSIDE OF CANADA

The Plan provides coverage in excess of your provincial government health care coverage. The Plan’s maximum is \$5,000,000 per covered person per incident for expenses incurred as a result of an unforeseen medical emergency and/or for emergency travel assistance services while travelling outside your province of residence. The Plan covers the Member and eligible dependants for trips up to 60 days in length. You and your dependants must be and remain enrolled in the provincial government health care plan. Insurers are tightening the rules around what defines a medical emergency and therefore, what would qualify for coverage.

**You should contact the Plan’s Emergency Travel Assistance provider, Green Shield Canada (Policy Number AB10447201), at 1-800-936-6226 before any travel outside Ontario to ensure that any medical conditions/changes in medical conditions do not limit your coverage under the Plan.**

## DENTAL CARE BENEFITS

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BENEFIT	DESCRIPTION
<b>Deductible</b>	None
<b>Reimbursement</b>	100% for basic dental services; 50% for major dental services (dentures).
<b>Dental Fee Guide</b>	Dental benefits are reimbursed based on the 2025 Ontario Dental Association Suggested Fee Guide for General Practitioners.
<b>Basic and Major Maximums</b>	The calendar year maximum is \$1,500 for basic and major services combined.
<b>Basic Services</b>	Diagnostic, preventative, restorative, surgery, fillings, anesthesia, 1 complete series of x-rays, 1 set of bitewing x-rays, polishing, topical fluoride treatment, periodontal scaling.
<b>Recall Examinations</b>	1 recall examination per 6-month period.
<b>Complete Examinations</b>	1 complete oral examination per 24-month period.
<b>Major Services</b>	Initial dentures; replacement dentures are covered under certain circumstances. Please refer to the Sheet Metal Workers Local Union 30 Retired Members Benefit Plan Booklet.

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## HEALTH CARE SPENDING ACCOUNT (HCSA)

Subject to its funding position, the Plan has provided periodic allocations to a Health Care Spending Account (HCSA). The allocation for 2025 was \$400 and the allocation for 2026 is \$500 per family. Allocations granted will be deposited in January. Allocations must be used within 24 months of their being granted. Unused allocations are forfeited at the beginning of the 25<sup>th</sup> month after they were granted. For example, the \$500 allocation granted for 2026 is available until the end of December 2027 at which time any remaining 2026 allocation will be forfeited.

Future allocations to the HCSA are not guaranteed. Plan Members will be notified in advance if any future HCSA allocations are being granted.

# HOW TO SUBMIT A CLAIM

Spouses of Retired Members are eligible for an additional six months of benefits coverage upon the death of the Retired Member. To be eligible for this additional coverage, the spouse must be receiving a survivor pension from the Sheet Metal Workers Local Union 30 Pension Plan and the Retired Member must have been covered under Option A prior to their death. The spouse is eligible for Option A coverage. The cost for this additional coverage is 50% of the cost of benefits assessed by the Trustees at the time of the Retired Member's death. This amount and the covered benefits are subject to change.

## MEMBER ASSISTANCE PROGRAM (MAP) BENEFIT

Free short term confidential counselling, including mental health counselling, information, advice and referral services are available to Plan Members and their eligible dependants through **FSEAP**.

The confidential counselling services are provided by **FSEAP** 24 hours a day, every day of the year. Contact FSEAP directly at 1-866-990-1113 or TTY at 1-888-234-0414.

**Group Name: tosmwiamap      Password: myfseap1**

Please show your All-In-One Benefit Card to your pharmacist, dentist and other health service providers. Drug and dental claims can be submitted directly to the Plan after coordination with a provincial government health care plan or the plan of your spouse, whenever applicable. Most health care providers (chiropractors, massage therapists, physiotherapists etc.) will submit your claims electronically for you and your eligible dependants.



You may also self-submit your health claims online through Green Shield Canada (GSC) Member Online Services. You may register for online claims through the Green Shield Canada link on your Member website: [www.lu30plan.com](http://www.lu30plan.com). This will ensure that you are reimbursed for out-of-pocket claims quickly.

Members may be asked to submit their receipts to the Plan Administration Office for claims submitted electronically. You must retain your receipts for 13 months.

If you have any questions regarding registering for GSC's Member Online Services or need any help with submitting claims using your All-In-One Benefit Card, please contact the Plan Administration Office.

## **Plan Administration Office**

45 McIntosh Drive  
Markham, Ontario  
L3R 8C7

Toll Free Telephone Number: 1-800-263-3564

Fax: 1-905-946-2535

Email: [info@lu30plan.com](mailto:info@lu30plan.com)